# Newsletter Term 12022

Term 1: 31 January - 25 April 2022

School Holidays: 9 April - 25 April 2022

# **Support Services**

### Reconnect (12 to 18 years)

Early intervention helping support young people who are at risk of homelessness by linking them into the community and stabilising and/or improving their living situation, family relationships and engagement with work, education or training. Email reconnect@melton.vic.gov.au.

## 6801 Youth Outreach (12 to 25 years)

6801 Youth Outreach provides a safe, non-judgemental and confidential service to assist with information, support and referrals. Available Monday to Friday, 9am to 5pm on 9747 5373. Friday nights at 5pm-11pm and Saturday nights from 1pm-7pm on 9743 6801 or at any time, email 6801outreach@melton.vic.gov.au

## Engage! Youth Mentoring Project (12 to 25 years)

Linking disconnected young people with an adult mentor to share recreational activities, fun and friendship. The program aims to develop the self confidence and resilience of young people, to expand their educational and vocational possibilities and to strengthen their connection to family and community. Email youthmentoring@melton.vic.gov.au.

## UTURN193 (12 to 25 years)

UTURN193 aims to help young people avoid getting involved with the criminal justice system. The project provides support and recreational activities to young people, including fun sport and outdoor adventures. Email UTURN193@melton.vic.gov.au.

Find us on Facebook at 'City of Melton Youth Services' Melton Council Young Communities is committed to ensuring the safety and wellbeing of all young people and children

## **Jobs Advocate**

The Jobs Advocate program is a FREE initial one-on-one support to City of Melton residents who need help finding work or who are struggling with the impact of unemployment or underemployment to refer them to the information, agencies, and any guidance and additional support they may need. To Find Out More, Visit: https://www.melton.vic.gov.au/JobAdvocates or Email Us: Jobadvocates@melton.vic.gov.au

# Western Bulldogs Youth Leadership Project (14 - 16 Years)

The FREE Western Bulldogs Youth Leadership Project is a dynamic leadership program for young in the West, aged 14-16 years old. Each session develops a range of life skills that shape strong communityminded young leaders. The program includes a camp and AFL match day experiences. Registrations are open until March 18th. For more information please email foundation@westernbulldogs.com.au









# Newsletter Term 12022



#### School Holidays: 9 April - 25 April 2022

## Engaging Youth through Sport (12 to 25 years)

Through this program, a range of educational health and wellbeing sessions are delivered to young people affiliated with local sporting clubs.

If you require any further information, contact Young Communities on 9747 5373 or email youngcommunities@melton.vic.gov.au

### **R.A.C.E (Re-negotiating Angry and Cuilty Emotions)**

RAGE is an award winning six-week anger management course for young people. It is a strength based, solution-focused program that is hands on, practical and FUN! Topics covered include: the many faces of anger, the 4 T's Anger Cycle, healthy expression of anger, getting through the guilt of anger, as well as relaxation, exercise, and diet.

# **Upcoming Events**

#### Work Inspiration - Secondary School Transition | TBC

A lot of people really enjoy working – you get to do something you enjoy and are good at, with people you like and get paid for it! Well that's how it should be and it starts by understanding yourself well. This is a 2-day program for secondary school students.

## **Other programs and opportunities**

#### Employability Skill Development Workshops

Young Communities provides a variety of free and low-cost opportunities for young people aged 12 to 25 to upskill and strengthen their employability.

Our Employability Skills Development Workshop will return in January of 2022.

## Studio 193 - Band Room for hire\*

Are you a band member or group looking for space to practice? At Melton Youth Centre, we have a hireable band rehearsal space for young people that is available during the week.

If you would like more information on Studio 193 availability, please contact us or visit: melton.vic.gov.au/Studio193.

All programs will adhere to Government restrictions and follow a CovidSafe Plan. To register for a program or speak to a Youth Worker, call 9747 5373, email youngcommunities@melton.vic.gov.au or visit our website: melton.vic.gov.au/youngcommunities

#### **Drop-In Programs**

(12 to 25 years, unless stated otherwise)

#### On-going Programs (12 to 25 years, unless stated otherwise)

Program registration is essential. These programs provide ongoing personal development and require consistent commitment.

Find us on Facebook at 'City of Melton Youth Services'





# Newsletter Term 12022

Term 1: 31 January - 25 April 2022

School Holidays: 9 April - 25 April 2022

# What's on for Term 1?

Cook it. Eat it!	Hands-on food education with a twist! Develop your cooking skills with delicious recipes and upskill in culinary arts. Ages 12 to 17. For more information phone 9747 5371.	Thursdays	4pm to 6pm	Kurunjang Community Hub
Ignite Productionz (FReeZA)	Events for young people by young people. Join our FReeZA Committee to be involved in organising and running youth- based events! Learn the basics of event management.	Mondays	4pm to 5pm	Melton Youth Centre
Youth Arts Club	Your weekly space to be creative! Bring your own art materials or use some of ours and get involved! Join and you'll get your own sketchbook and folio. For more information phone 9747 5373.	Wednesdays	4pm to 6pm	Melton Central Community Centre
Launch Pad Youth Internet Café	Supervised internet and email access including access to LAN gaming and consoles and space to socialise and catch up with friends aged 12 to 17 years. For more information phone 9747 5373.	Fridays	3pm to 6pm	Melton Youth Centre
Back to Basics	Learn how to: Set up and mix live music, use a recording studio and put on a monthly open mic. For more information phone 9747 5373.	Tuesdays	3.30pm to 5.30pm	Melton Library
SW/ISH!	Friendly competition and casual shooting. Swish brings youth together over a common passion for basketball. For young people aged 12 to 25 years. Please bring your own basketball. For more information phone 9747 5373.	Tuesdays	4pm to 6.00pm	Cobblebank Stadium
Minds Champs	Everyone deserves a clear mind. Explore how you can build a stronger and healthier mind through conversation and socialisation with us. For more information contact Saliah on 9747 5371	Wednesdays	3.30pm to 5pm	Melton Youth Centre
Taylors Hill Drop In	Come and catch up with friends over games, arts & crafts and leisure activities. For young people aged 12 to 17 years. For more information phone 9747 5371.	Fridays	3.30pm to 5pm	Taylors Hill Youth & Community Centre

# Newsletter Term 12022

#### Term 1: 31 January - 25 April 2022

#### School Holidays: 9 April - 25 April 2022

iPlay	<ul> <li>iPLAY is a fun program for youth to get active in a range of free play sports games and activities, designed to cater to the interests of young people.</li> <li>Cobberbank Stadium, Astley Dr, Bridge Rd, Strathtulloh</li> <li>Caroline Springs Leisure Centre, The Parade, Caroline Springs</li> </ul>	Mondays & Thursdays	3.30pm to 5.30pm	Cobblebank & Caroline Springs Stadiums
The Space	Melton's LGBTIQA+ social support group for young people aged 12 to 25 years. We share stories, and support one another. For more information phone 9747 5373.	Mondays	4pm - 5pm	Melton Youth Centre
Touch Rugby	Come along and engage in a friendly game of touch rugby. Touch Rugby will have qualified referees and is open to all young people aged 12-25 years old, so bring all your mates!	Monday	4:30pm - 6pm	Kurunjang Recreation Reserve

## **Expression of Interest for upcoming workshops**

#### **Register Your Interest - \*Workshop fees apply**

Expressions of Interest for upcoming Accredited Courses

- Level 1 Coffee Barista 14 years and over
- Responsible Service of Alcohol 14 years and over
- Bar Operations Must be 18 Cocktail Preparation Must be 18 For more information contact 9747 5373.
- Level 2 Coffee Art 14 years and over
- Food Handling 14 years and over

# Newsletter Term 12022

Term 1: 31 January - 25 April 2022

School Holidays: 9 April - 25 April 2022

## **Other programs and events**

Ignite Productionz	Ignite Productions offers opportunities to participate in the planning and production of events for people aged 12 to 25, including under-age dance parties, live music and film festivals. Committee members meet regularly to plan events and can access free event production training. All events are fully-supervised and drug, smoke and alcohol-free. For more information email: <u>Freeza@melton.vic.gov.au</u> Ignite Productions is a FReeZa Committee.
School Holiday Activities	Teenage Holiday Program (THP)* THP is an excursion based program for young people aged 12 to 18 years. Free School Holiday Activities (FSHA) FSHA is an activity based program for young people aged 12 to 25 years.
10 April to 24 April	Both program and activity information will be available in the lead up to the school holidays of each term, with all bookings to be made online at the time specified. For more information or to add your name to the mailing list contact: Young Communities on 9747 5373

Most Melton City Council youth programs are free and can be accessed by all young people living, studying or working in the City of Melton. Programs are delivered by qualified facilitators. \*Charges Apply

## How to contact us:

Melton Youth Facility 193 Barries Road Melton Vic 3337 Phone: 9747 5373 Email: <u>yse@melton.vic.gov.au</u> Taylors Hill Youth & Community Centre 121 Calder Park Drive Taylors Hill Vic 3037 Phone: 9747 5422 Email: <u>yse@melton.vic.gov.au</u>

Take a tour of our Youth Centres to see fabulous spaces, faces and programs on offer

Melton: https://walkinto.in/tour/ZyTiKwwwJbbJxTjKwDD1b

Taylors Hill: <u>https://walkinto.in/tour/byQpDvYhkZZyl7pvvt2yb</u>



A listing of services and providers that work with young people can be found on the Melton City Council Website <u>http://www.melton.vic.gov.au/Services/People/Youth</u>

Find us on Facebook at 'City of Melton Youth Services'