## Young Communities

# Bright Minds

Everyone deserves a clear mind.

Explore how you can build a stronger and healthier mindset through conversation and socialisation.

Delivered in partnership with headspace Melton.



Wednesdays from 4pm - 5.30pm (weekly during school term)

#### COST

100% Free!

Just bring yourself and a positive attitude!

#### WHERE

Melton Youth Centre
193 Barries Road, Melton

### INFO

For more info or to join, contact Saliah on 9747 5371 or email saliahs@melton.vic.gov.au

To find out more information or get in touch with us please visit melton.vic.gov.au/youngcommunities or Facebook/Instagram @CityOfMeltonYoungCommunities





